

Assumption College Changanacherry

National Service Scheme Unit 4

Activities 2020 -2021

Webinar on “Knowing Cyber Threats” – November 13, 2020

A webinar session was conducted in association with the Field Outreach Bureau, Ministry of Information and Broadcasting, Government of India, Kottayam Unit. Shri. George Jacob, Senior Civil Police Officer, Cyber Cell Kottayam handled the session.



Government of India
Ministry of Information & Broadcasting
Field Outreach Bureau
Kottayam

webinar on **Knowing Cyber Threats**
13/11/2020 at 4 pm

Guest Speaker



Shri George Jacob
Sr. Civil Police Officer,
Cyber Cell, Kottayam

coordination with
Assumption College, Changanacherry



വെബിനാർ നടത്തി

വ്യക്തിഗത ഡാറ്റാ

പങ്കിടൽ ഒഴിവാക്കണം

കോട്ടയം: കേന്ദ്ര വാർത്താവിതരണ പ്രക്ഷേപണ മന്ത്രാലയത്തിന്റെ കീഴിൽ പ്രവർത്തിക്കുന്ന കോട്ടയം ഫീൽഡ് ഔട്ടറിച്ച് ബ്യൂറോയുടെ വെബിനാർ സംഘടിപ്പിച്ചു.

സൈബർ ഭീഷണികളെ അറിയുക എന്ന വിഷയത്തിൽ ചങ്ങനാശേരി അസംപഷൻ കോളേജുമായി ചേർന്നാണ് വെബിനാർ സംഘടിപ്പിച്ചത്. സൈബർ ലോകത്ത് അനാവശ്യമായി പേര്, വിലാസം, ഫോൺ നമ്പർ, ഡ്രൈവിംഗ് കാർഡ് തുടങ്ങിയ വ്യക്തിഗത ഡാറ്റാ വെളിപ്പെടുത്തുന്നത് ഒഴിവാക്കണമെന്ന് വെബിനാറിൽ പങ്കെടുത്ത സൈബർ സെൽ സീനിയർ സിവിൽ പോലീസ് ഓഫീസർ ജോർജ്ജ് ജേക്കബ് പറഞ്ഞു.

അസംപഷൻ കോളേജ് എൻ എസ് എസ് പ്രോഗ്രാം ഓഫീസർ ഡോ. ഷോണിയ തോമസ് മുഖ്യപ്രഭാഷണം നടത്തി. കോട്ടയം ഫീൽഡ് ഔട്ടറിച്ച് ബ്യൂറോ അസിസ്റ്റന്റ് ഡയറക്ടർ സുധ എസ്.നമ്പൂതിരി അടക്കമുള്ളവർ പങ്കെടുത്തു.

ചങ്ങനാശേരി: കേന്ദ്ര വാർത്താവിതരണ പ്രക്ഷേപണ മന്ത്രാലയത്തിന്റെ കീഴിൽ പ്രവർത്തിക്കുന്ന കോട്ടയം ഫീൽഡ് ഔട്ടറിച്ച് ബ്യൂറോ ചങ്ങനാശേരി അസംപഷൻ കോളേജുമായി ചേർന്നു “സൈബർ ഭീഷണികളെ അറിയുക” എന്ന വിഷയത്തിൽ വെബിനാർ സംഘടിപ്പിച്ചു.

കോട്ടയം സൈബർ സെൽ സീനിയർ സിവിൽ പോലീസ് ഓഫീസർ ജോർജ്ജ് ജേക്കബ് വെ

ബിനാർ ഉദ്ഘാടനം ചെയ്തു. അസംപഷൻ കോളേജ് എൻ എസ് എസ് പ്രോഗ്രാം ഓഫീസർ ഡോ. ഷോണിയ തോമസ് മുഖ്യ പ്രഭാഷണം നടത്തി. കോട്ടയം ഫീൽഡ് ഔട്ടറിച്ച് ബ്യൂറോ അസിസ്റ്റന്റ് ഡയറക്ടർ സുധ എസ്. നമ്പൂതിരി, ഫീൽഡ് പബ്ലിസിറ്റി അസിസ്റ്റന്റ് ടി. സരിൽലാൽ, എൻ എസ് എസ് വോളണ്ടിയർ കുമാരി മീര വി.എസ്. തുടങ്ങിയവർ വെബിനാറിൽ പ്രസംഗിച്ചു.



Sat, 14 November 2020

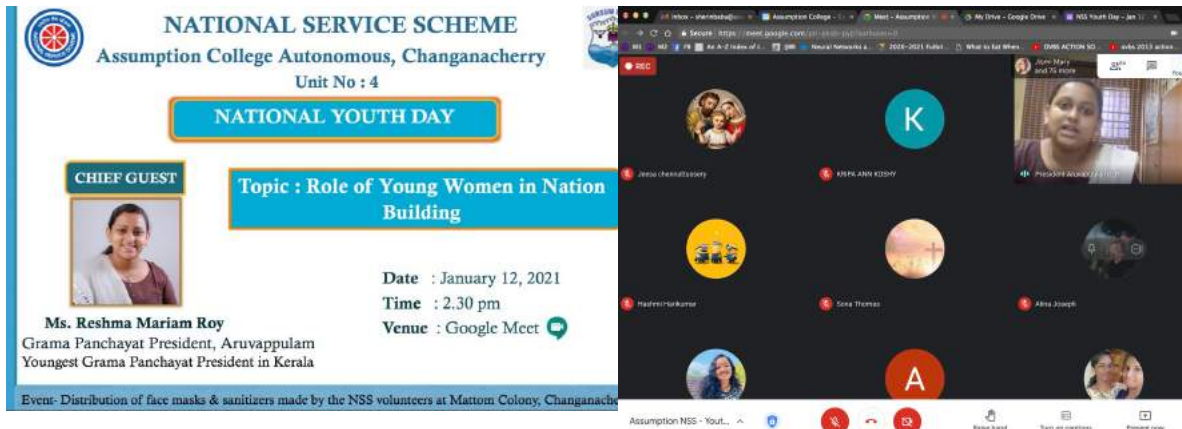
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Orientation Class

Orientation class was conducted on 14/12/2020 Monday for the 1st year students of the NSS unit of Assumption College Changanacherry. The meeting was held via Google meet at 3:30pm. The meeting began with the Welcome Address of Dr Shoniya Thomas, Program Officer, NSS unit. More than 90 students attended the meeting. The class was led by Dr. Meera Bhai Amma, a member of the NSS Advisory Committee and NSS Program Officer of previous years. Dr. Meera, who is the Sanskrit Professor of Assumption College, shared her experience with the NSS volunteers. She spoke about the formal and informal education and the elements required for our personality development. She reminded that each NSS volunteer has a responsibility to work for the community. She also shared about the activities carried out by the NSS units in college in the previous years. All the volunteers attended the meeting with great enthusiasm and interest.

The NSS unit celebrated the National Youth day on 12/1/2021 via Google meet at 2:30pm. The Program Officers Ms. Sherin Babu and Dr. Shoniya Thomas led the meeting. Ms. Reshma Mariam Roy, Aruvappulam Panchayath President in the 2020 local self-government elections, and the youngest Panchayath President in Kerala was the chief guest of the day. She spoke on the topic “Role Of Women In Nation Building”. Miss. Reshma shared her experience in working as NSS volunteer during her college days. She said that attitudes should be adopted to move forward with actions rather than words, thereby creating positive changes in the society and making the ideas a reality.




Parakram Diwas – January 23, 2021


The National Service Scheme (NSS Unit 4) of Assumption College Autonomous, Changanacherry celebrated the 125th birth anniversary of Netaji Subhas Chandra Bose on January 23, 2021 at 10am, via online mode with various activities.

The NSS unit organized an invited lecture on “Legacy of Subhash Chandra Bose and the Women warriors of Indian National Army”. The keynote speaker of the day was Dr Poulami Aich Mukherjee, the Director of Research and Assistant Professor, Research and PG Dept. of History, Assumption College Autonomous. She is also the Academic Advisor of the Fundação Oriente, Portugal. Dr Poulami elaborated on Netaji’s life and his contributions to the nation.

As he was one of the most well known Indian leaders during the independence movement, he has become a great legendary figure in the history of India. In remembrance of his valuable contributions, the students conducted the video shows and patriotic songs. The programme concluded at 11.30am.




FREEDOM
is not given, it is
Taken
- Subhash Chandra Bose



NATIONAL SERVICE SCHEME - Unit 4
ASSUMPTION COLLEGE AUTONOMOUS

PARAKRAM DIWAS

*Legacy of Subhash Chandra Bose & the Women warriors
of Indian National Army*



Dr Poulami Aich Mukherjee
Director of Research, Assistant Professor
Research and PG Dept. of History
Assumption College Autonomous
Academic Advisor of the Fundação Oriente, Portugal

January 23, 2021
10am
Google Meet


*Video Show
Patriotic Songs
Invited Talk*




**"Remember that the greatest crime is to
compromise with injustice and wrong."**


Secure | <https://meet.google.com/etq-fwik-nec>

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Nikhitha Annah Varghese




Poulami Aich Mukherjee




Swathija Parvathy - 411




RIYA WILSON




Jija Mathew




Archana KS




Unnimaya T. K




Vrindha Ev




Kavya Baiju




GOPIKA HARI




Noorja s Anand




ANJNA ELESJA JOSEPH




Jismi Mary



Jovan Maria Raju



Aiswarya Elizabeth



Diya Abraham

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REC Poulami Aich Mukherjee is presenting Jovan Maria Raju and 82 more

Legacy of Subhash Chandra Bose & the women warriors of Indian National Army (Protected View) - PowerPoint

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PROTECTED VIEW Be careful—files from the Internet can contain viruses. Unless you need to edit, it's safer to stay in Protected View. Enable Editing

1 2 3 4 5

1819 East India Company (EIC) established first trading post at India.

1797 East India Company established Fortilla in India, signalling start of British rule in India.

1807-08 Making of Indian troops, EIC Harlequin and India become a British Crown Colony.

1856 Forming of the Indian National Congress (INC).

1920 Mahatma Gandhi returned to India from South Africa.

1914-1915 All-India Congress League massacre at Amritsar, 492 civilians killed by British troops.

1919-1920 India's first non-violent anti-imperialist movement led by Gandhi.

1930-1931 Gandhi launched the Salt March and started all-India "Civil Disobedience".

September 1939 Outbreak of World War Two in Europe.

1940 Subhas Chandra Bose arrested by the British but escaped to Germany in 1941.

15 February 1942 Singapore captured by Japanese and released Singapore. Two days later, Indian National Army (INA) formed at Farrer Park.

August 1942 INA launched "Quit India" movement, the movement impacted off after its leaders were arrested.

December 1943 INA leaders resigned, Mohan Singh (founder of INA) arrested by the Japanese military administration.

July 1945 Subhas Chandra Bose arrived in Singapore, assumed leadership of INA and Indian Independence League (IIL).

21 October 1945 Subhas Chandra Bose proclaimed at Caltan Building the formation of the Provisional Government of Free India (Free India). Start of Jharkhand Movement. Training Camp officially opened the next day.

January-April 1944 INA headquarters in Singapore moved to Burma, India and Indian Campaigns began. Subhas captured by British and Japanese Joint-forces.

June - August 1944 INA withdrew from the India. Burma front.

15 August 1945 Japan surrendered.

18 August 1945 The plans were arrested Subhas Chandra Bose to the Soviet Union, released in Taiwan.

December 1945 The "Red Fort Trials" of ex-INA freedom fighters in New Delhi.

February-March 1946 Resignation of Royal Indian Navy and Royal Indian Air Force.

15 August 1947 India achieved Independence.

Slide 3 of 15 English (India)

Poulami Aich ... RIYA WILSON Dr.Shoniya Tho... Salviya Mariya ... Nirupama S KRUPA SUSAN ... Nikhitha Anna...

REC Poulami Aich Mukherjee is presenting Swathija Parvathy ... and 86 more

Legacy of Subhash Chandra Bose & the women warriors of Indian National Army (Protected View) - PowerPoint

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6 7 8 9 10

"Total Mobilisation"

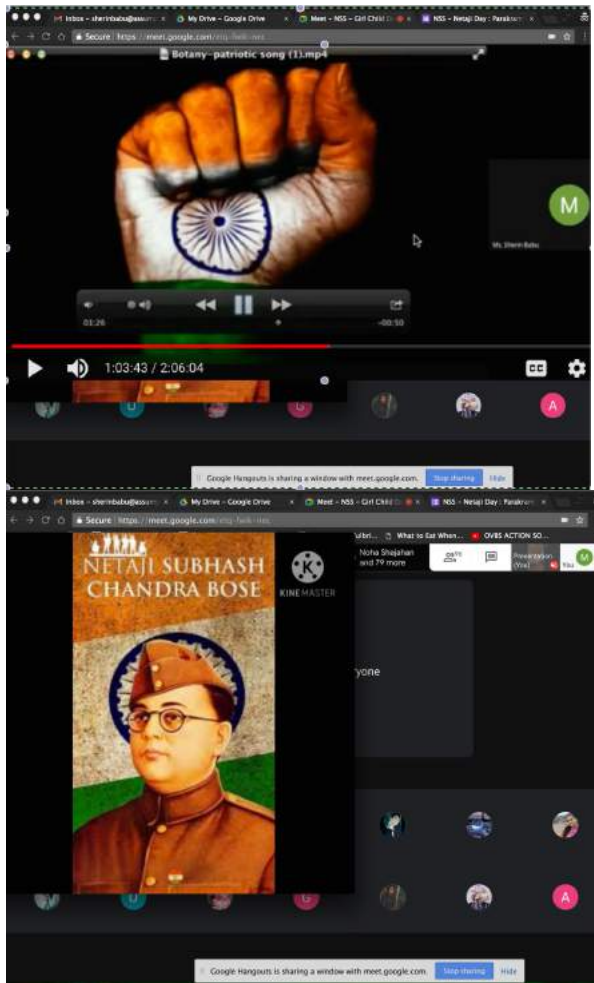
"Time has come for three million Indians living in East Asia to mobilise all their available resources including money and manpower. Half-hearted measures will not do... Out of this total mobilisation I expect at least three hundred thousand soldiers and three crores that is thirty million dollars."

Subhas Chandra Bose speaking at the Posing on 9 July 1943.

5 August 1943, Bose addressed the INA soldiers at the Posing, "Jo Hind" and "Chalo Dilli"

Military inspection of the INA 1943

Slide 9 of 15 English (India)



NATIONAL GIRL CHILD DAY – January 23, 2021

National girl child day was celebrated on 23rd January by the NSS unit of Assumption college, Changanassery. The meeting was held under the leadership of program officers Smt.Sherin miss and Dr.Shoniya miss. The meeting was started at 11.30am with a silent prayer. About 90 students attended the meeting. Kumari Sojiya Mariam Joseph delivered the welcome speech. The chief guest at the meeting was Mrs.Teena Juby, a fashion designer, owner of Zuzanne kids Apparel, mompreneur and mother of five girls. She is also the Alumni of Assumption college. She shared the values that she had instilled in her life and she is happy to be as a women and mother of five girl child. These words really inspired and motivated the NSS volunteers. After that Kumari Jija Thankam Mathew offered thanks. The meeting was adjourned at 12.30pm. Everyone left the meeting after filling the attendance form.



Assumption College Autonomous NATIONAL SERVICE SCHEME



National Girl Child Day

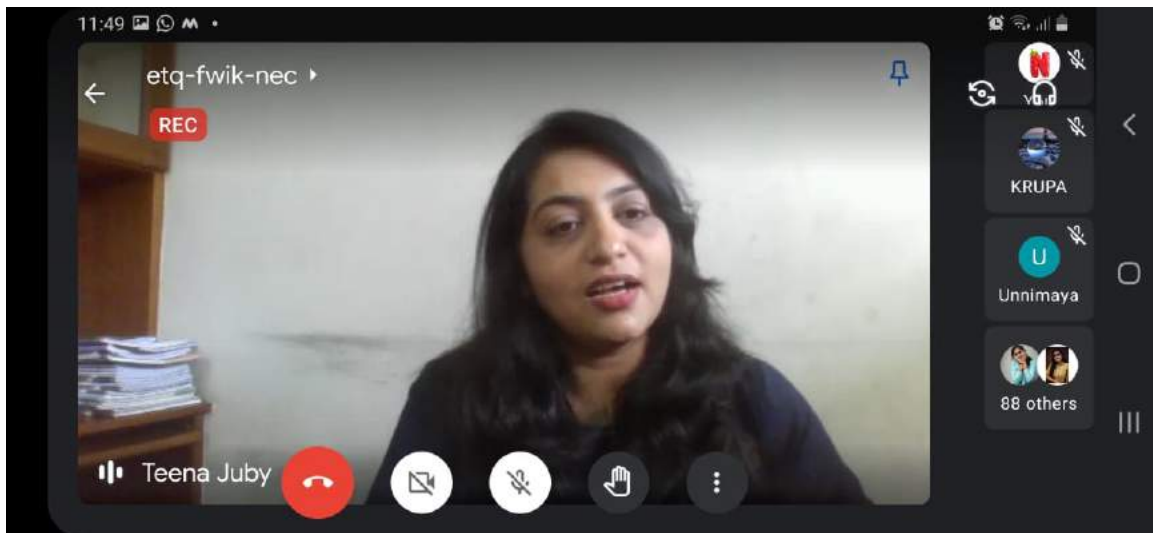
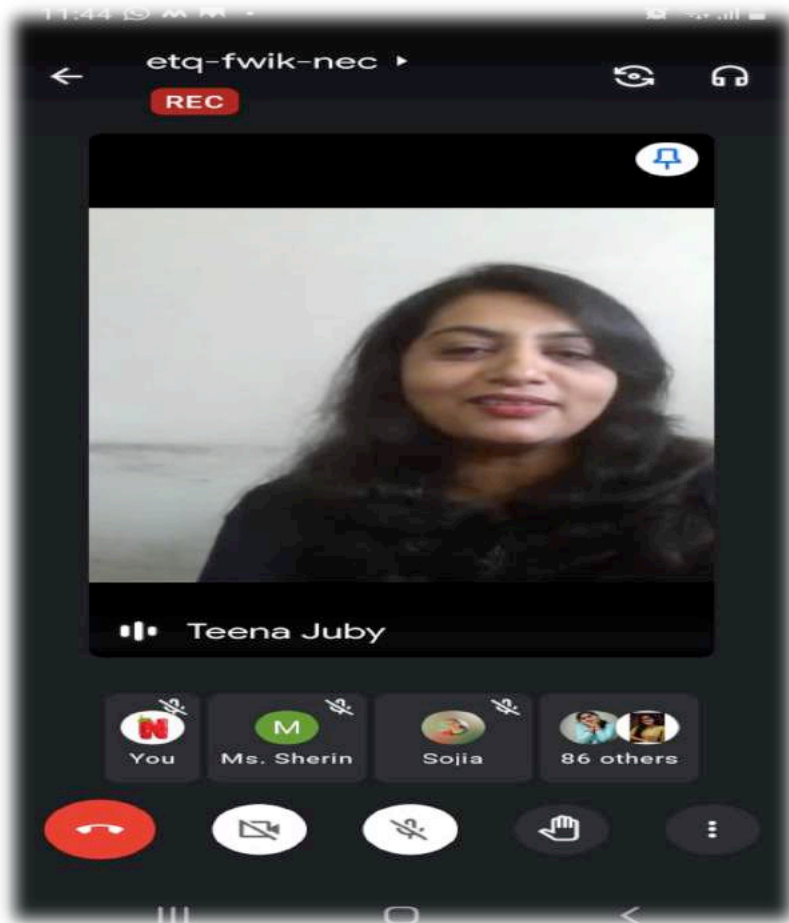


Mrs Teena Juby
MOMpreneur
Fashion Designer
CEO, Zuzanne Kids Wear

Date : January 23, 2021

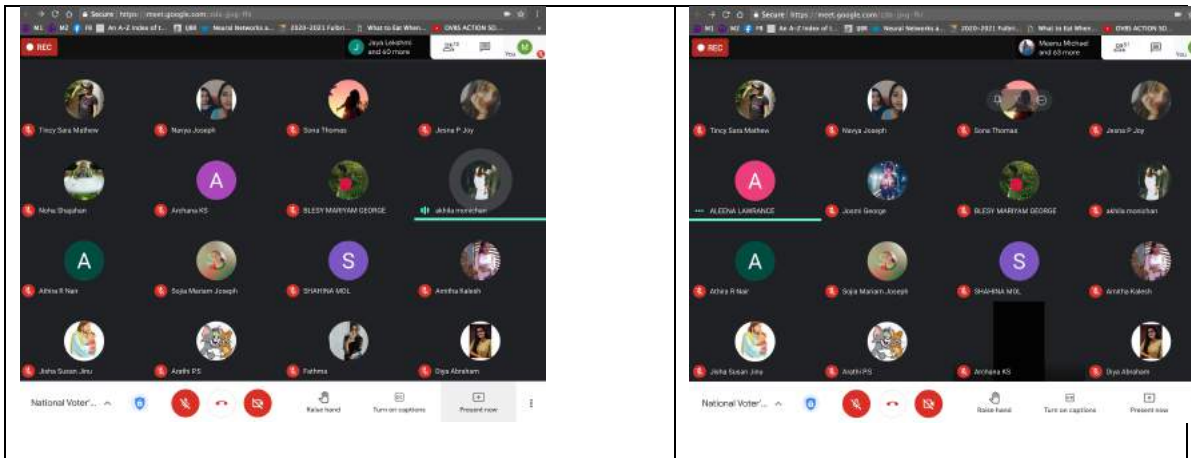
Time : 11 am

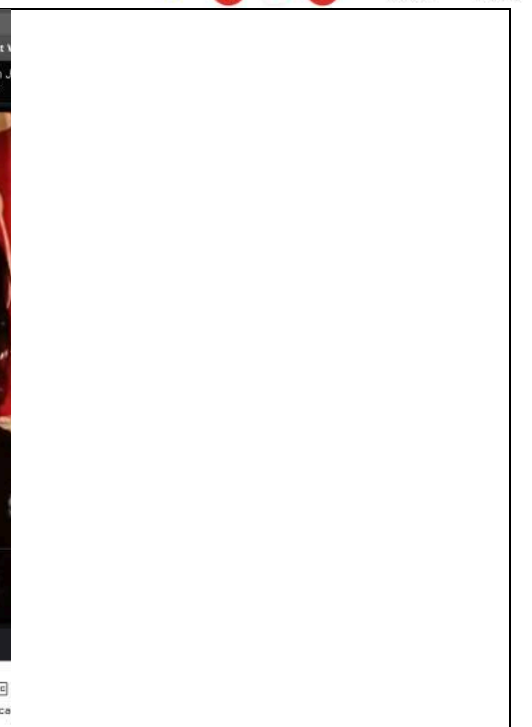
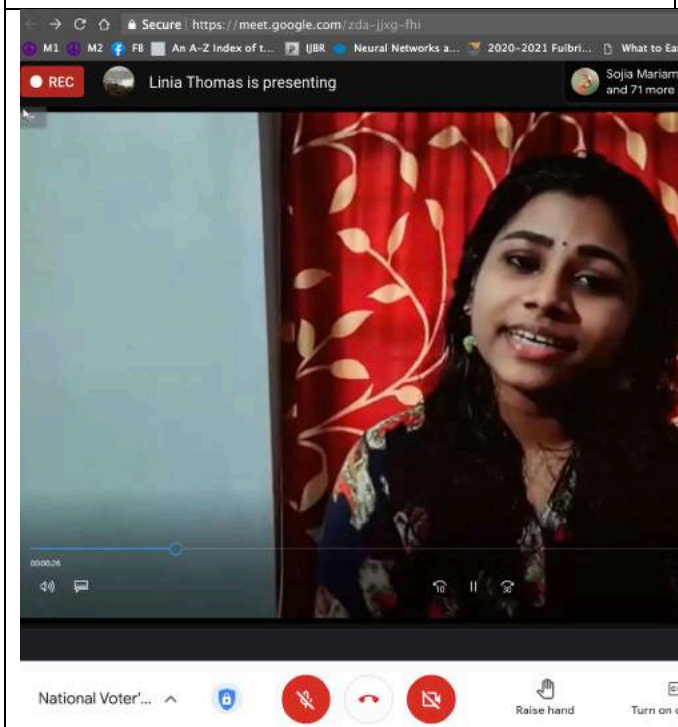
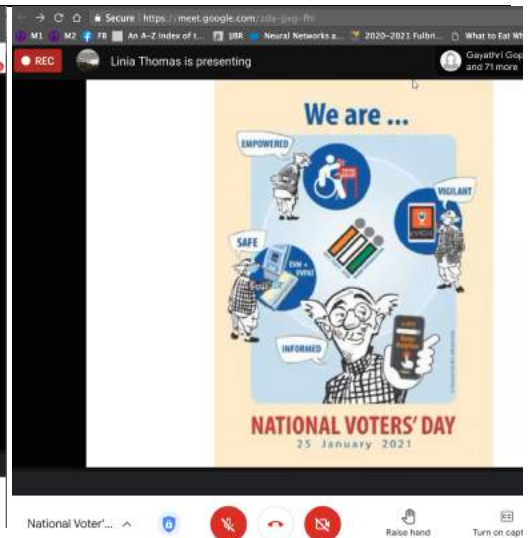
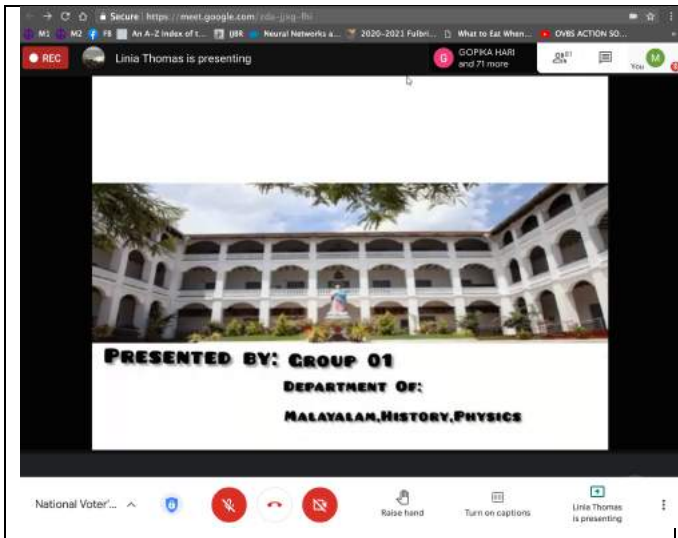
Venue : Google Meet



National Voter's day - Jan 25, 2021

On 25th of January, National Voter's Day was celebrated by the NSS unit of Assumption college, Changanassery. The meeting was held through Google Meet at 2:30pm under the leadership of program officers Dr.Shoniya Miss and Smt.Sherin Miss. The anchors were Aleena Lawrence and Akhila Monichan from BA Malayalam. After that Aleena Benny from BA History delivered welcome speech. Then Sona Thomas from BA History delivered Malayalam speech on the Importance of Voting and why it is done. Navya Joseph from BA Malayalam presented a video on voting and its importance. Lakshmi Mohan from BA Malayalam sang NSS theme song. There held a quiz competition as part of National Vote's Day celebration at 9:30 am through Google docs. 1st price winners were Jisha Susan Jinu from BACE and Shijin Shaji Thomas from BSc Maths. 2nd price winners were Amrita Palathara from BSc Maths and Salvia Maria Joseph from BSc Maths. The winners list is announced by Aparna.S and Arathi.P from BA History. After that Rianne Sara from BSc Physics offered thanks. The meeting was adjourned at 3:30pm. Everyone left the meeting after filling the attendance.





REPUBLIC DAY

Republic day special programme was conducted on 26th January through Google Meet. The meeting was held under the leadership of Dr.Shoniya miss and Smt.Sherin miss. As per the instructions given by program officers NSS volunteers were grouped into five. So Republic day programs were organized by group 1 volunteers. The meeting was held through Google Meet at 10:30am. Gopika Krishna Jayan sang NSS anthem. The anchor was Chrismol Tom. Blessy Mariam George delivered the welcome speech. The presidential speech was delivered by Dr.Anita Jose vice Principal Assumption college, Changanassery. She spoke about it is the day on which the constitution of India came into effect. Republic day special speech was given by Kumari Sojia Mariam Joseph. She remained that Republic day gives us the message that “ One India One People”. Patriotic song was sang by Krishnapriya EA, Nirupama S, Gopika Krishna Jayan, Earlene Bibby Benjamin, Noorja S Anand, Alka Umesh & Swatija Parvathy. Gayathri KG delivered the speech on Republic day. She reminded about the soldiers and their heroic works. Republic day message was delivered by Akshara Suresh and Shalmiya Shaji.

There held Republic day competitions that contained quiz competitions, poster making, and video presentation. Quiz competition was held on 24th January from 2:30-3:30pm. Contestants were provided with a Google docs link. Contestants of poster making were requested to prepare posters in chart paper on the theme “Cultural diversity of India”. Its deadline was on 23rd January till 5:00pm. Contestants of video making competition were requested to make a 3/5 min video on the theme “Evolution India over the years”. Contestants were not allowed to do malpractices such as use photo from external websites, use other audio and videos from external websites. Winners of quiz competition were Angel Tressa Vargheese who got 1st prize and she is from Maths department and 2nd prize winner is Angel Ann Joseph from Maths department. 1st prize winner of video presentation was Sandra Elsa from BA English literature. 1st prize winner of poster making competition was Riya Jyothy from Botany department. 2nd prize winner was Flite Tess Lonappan from Botany department. Winners of competitions were announced by Haseena Muhsin. Angel Jose K offered vote of thanks. After National Anthem, everyone left the meeting on filling attendance form. The meeting adjourned at 11:30 am.

Assumption Autonomous College
Changanacherry



NSS UNIT: 4

presents

Glimpses of Hindustani

Patriotism

Republic Day Celebration

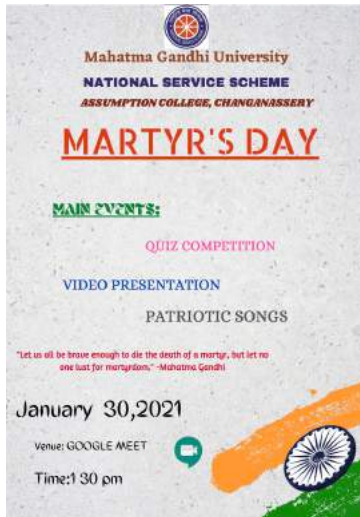
On 26 th January 2021, Tuesday

Time: 10:30 AM

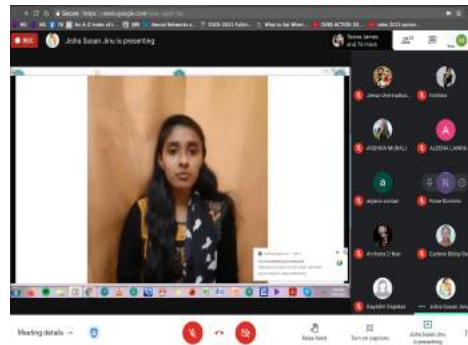
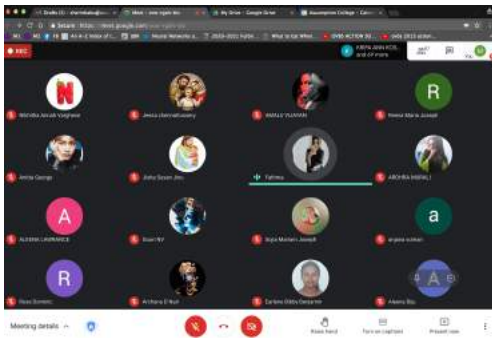
Venue: Google Meet



Martyr's Day (Jan 30)



On 30th January, Martyrs day was celebrated by NSS unit of Assumption College Changanacherry. The meeting began at 1:30pm via Google Meet. Prayer song was sang by Fathima from BSc Home science. Anitta K George from BSc home science delivered the welcome speech. Jisha Susan and Merin Ann both from BA communicative English sang the NSS theme song. After that Malayalam speech was delivered by Gopika Hari from BSc home science, she reminded that this day enables us to remember those who their lives to the nation and that this day marks the 73rd death anniversary of our Father of Nation, Mahatma Gandhi. Amalu Vijayan from BA communicative English presented a video. Aleena from BSc home science delivered English speech on Martyrs Day, she reminded that the date was chosen as it marks the assassination of Mahatma Gandhi in 1948 by Nathuram Godse. After that Fathima from BSc home science sang patriotic song. Firdous S from BA communicative English and Anjali from BA English literature conducted quiz competition on Martyrs day and they announced winners too. Winners are Akhila from BA Malayalam, Sandra from BACE. Amitha Kalesh from BSc home science offered thanks. The meeting was held under the leadership of program officers Dr.Shoniya miss and Smt.Sherin miss, who were the backbone of NSS unit. The meeting ended at 2.30 pm after national anthem.



PULSE POLIO IMMUNIZATION PROGRAM

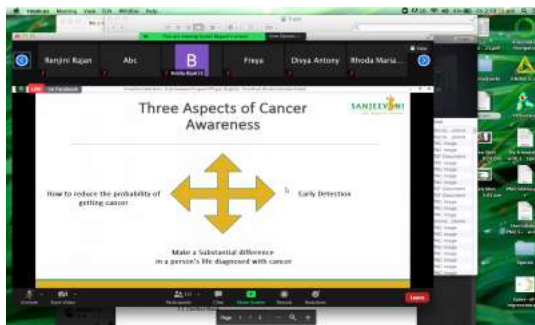
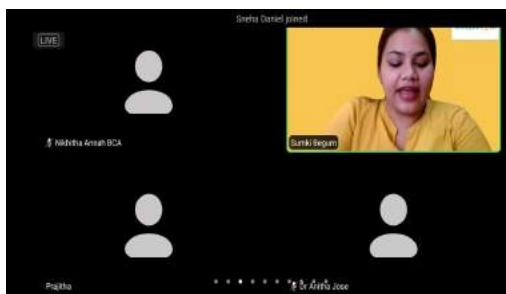
The NSS unit of our college actively participated in the Pulse Polio Immunization Program, which was conducted on Sunday 31st January. The main aim of this campaign, which was established by the Government of India, is to eliminate poliomyelitis (polio) in India by vaccinating all children under the age of 5 years against the polio virus the Government had given certain directions for the active involvement of all the NSS units on that program. Each NSS volunteer contacted their local Asha worker or Anganwadi worker and participated in the event on 31st January. NSS volunteers motivated the people to take the children for vaccination. Each of us prepared a report which contained the total number of children in the specific area , number of children immunized etc. along with action photographs. Everyone uploaded their works on Google Classroom. The volunteers were grouped on the department basis and each group prepared an awareness-cum-motivation short video for spreading the popularity of Pulse Polio Immunization program. Everyone participated in the program with enthusiasm and sincerity.



NSS Volunteers of Assumption College Autonomous, Changanacherry at various Pulse Polio Immunization booths.

WEBINAR ON CANCER PREVENTION AND HEALTHY LIFE

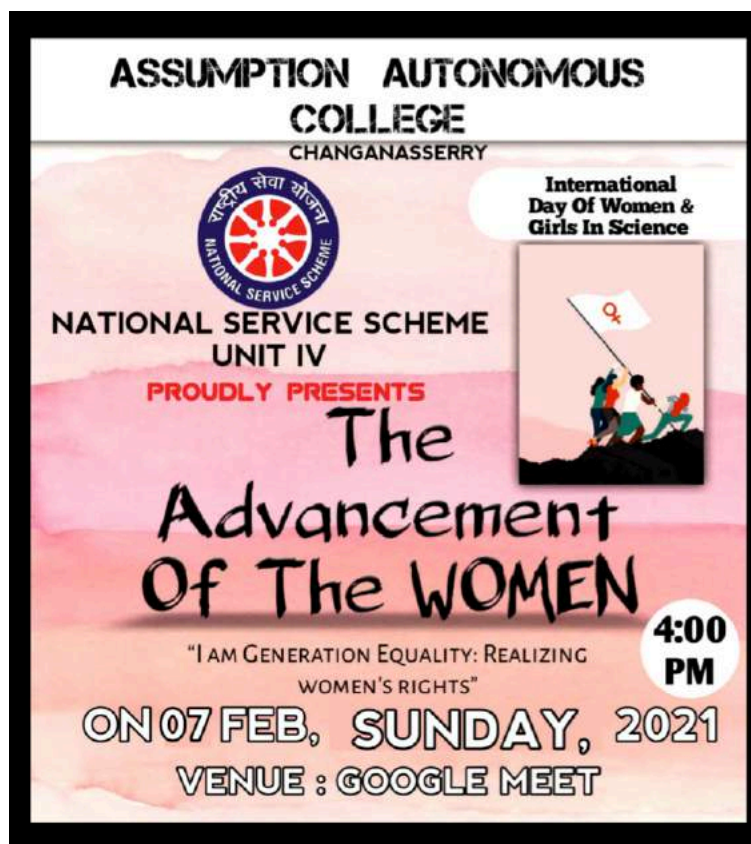
Assumption College Changanacherry in association with SANJEEVANI – life beyond cancer (SLBC), an NGO, conducted a webinar on cancer prevention and healthy lifestyle on 5th February. The meeting started at 2:30pm through Zoom. The program was organized by NSS and Department of Computer Science. Mr. Libin Joe Mathew who is the event co-ordinator, welcomed the gathering and Ms.Sumki Begum delivered the awareness speech on cancer prevention and healthy life. She is the counsellor and program coordinator – Outreach, SLBC. She said that the founder of Sanjeevani, Miss. Ruby Ahluwalia was a sufferer from a triple –ve stage 3 breast cancer. The pain she felt and others spurred her to start 'Sanjeevani'. Sumki mam said about the Flagship projects of Sanjeevani, most common form of cancers, Do's and Don'ts, and forms to live along with a cancer free life. In between she shared videos by the founder, Miss Ruby about Sanjeevani and how to lead a cancer-free life. Dr Anitha Jose, the vice-principal of Assumption College offered the felicitation. Ms. Haseena Muhsin from Zoology department offered the word of thanks. After that a short Quiz competition was conducted on the topic that was delivered. Sanjeevani awarded the prizes to the winners. Everyone left the meeting after submitting the feedback form. The meeting ended at 3:45pm.

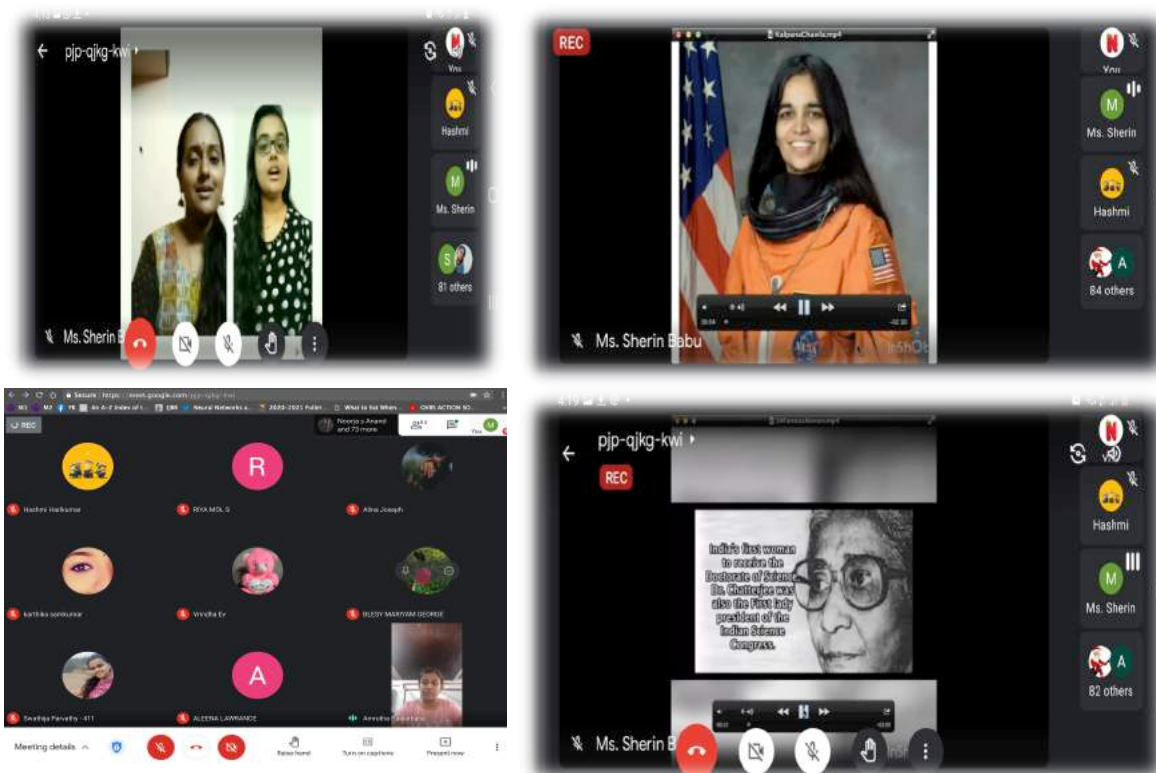


INTERNATIONAL DAY FOR WOMEN & GIRLS IN SCIENCE

On February 7th, the International day for women and girls in science was celebrated by the NSS unit of Assumption college. The programme was held under the leadership of programme officers Dr.Shoniya miss and Smt.Sherin miss. The program started at 4pm viaGoogle Meet. The program started with a prayer song by Ms. Vaishnavi G from BSc Mathematics & Ms. Diya from BCom Taxation. Shijin and

Staniya from BSc Mathematics sang the NSS theme song. Ms. Amrutha delivered welcome speech from BSc Mathematics, she reminded that the day recognizes the critical role of girls and women in science and technology. The aim of the day is to motivate girls and women to come forward and contribute to the science and technology field. Ms Josmi and Ms. Archana from BCom Taxation presented a video on 10 famous women scientists. Ms. Aparna and Ms. Athira from BCom Taxation presented a video on Kalpana Chawla's life and her contribution to the world of Space Technology. Ms.Karthika and Ms Jayalekshmi from Bcom Computer Application shared a video on the South Indian famous scientists Dr. Rajeshwari Chatterjee and Dr.Tessy Thomas. Dr. Rajeshwari Chatterjee was the first Indian woman engineer from Karnataka. Dr. Tessy Thomas, the missile woman of India is a Keralit who works as the Director General of Aeronautical systems and she was the former project director for Agni-IV missile in DRDO. She is the first woman scientist to head a missile project in India. Ms.Nandana Raghu and Ms Nandana Pramod jointly conducted a quiz based on the event of the day. Ms Salvia from BSc Mathematics offered the word of thanks. Sruthy, Anjana, Catherina from BCom Taxation sang the National Anthem. The meeting ended at 5pm.

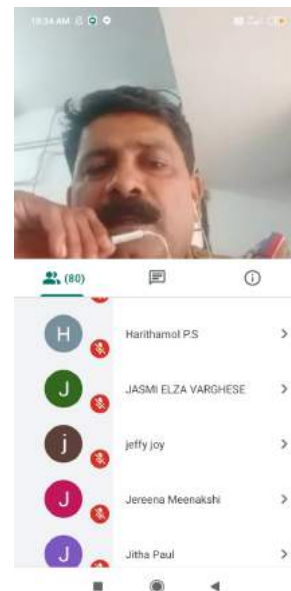




National Road Safety Month Celebration

The National Service Scheme (NSS Unit 4) of Assumption College Autonomous, Changanacherry, Kottayam celebrated the "National Road Safety Month" by conducting an awareness session to the NSS volunteers via online mode. The one-month-long campaign on "National Road Safety Month" is observed from 18th January 2021 to 17th February 2021. The theme of this year is, "Sadak Suraksha-Jeevan Raksha". The Chief guest of this programme was Shri. Mathew Paul, the Sub Inspector of Police, Chanagancherry. Shri Mathew Paul spoke that we are witnessing increase in traffic accidents these days. The main reasons are increase in traffic and ignorance of traffic rules. He spoke about the importance of obeying traffic rules for the general safety of everyone who uses the roads. He mentioned about the various rules that are to be obeyed by while driving the vehicles.

The programme officers Dr. Shoniya Thomas and Ms. Sherin Babu hosted the online session and it began at 10.30 am. 80 volunteers participated in the event. The session concluded at 11.30am.



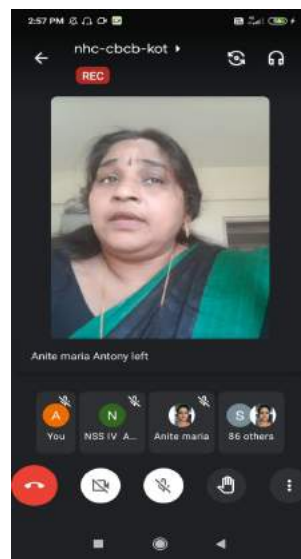
Hand Over of Masks and Sanitizer to Mattom Colony

The facemasks and hand sanitizer made by the NSS volunteers are handed over to Changanacherry Municipality Vice-Chairman Shr. Benny Joseph, for distribution to the residents of Mattom Colony, Ward34 of Changanacherry Municipality, on February 28, 2021.



World Social Justice Day – Feb 20, 2021

On February 21st, the NSS unit of Assumption College celebrated the World Social Justice day. The theme of the year 2021 is “A Call for Social Justice in the Digital Economy”. The chief guest of the programme was Adv. Vineetha Narayan, Advocate, Family Court – Kottayam and Ernakulam. The program started at 2.30pm via Google Meet. She reminded that this day’s aim is to propagate equality as much as possible on various grounds and eradicate discrimination and injustice. The aim of the day is to make aware of the people to find ways through which we can achieve poverty eradication, ensure gender equality and access to social well-being and justice for all.



Public Place Cleaning

The NSS volunteers of Assumption College participated in the cleanliness drive organised by the institution on February 15, 2021. NSS volunteers participated in creating awareness among the public, informing them about the importance of cleanliness. The students took the initiative to clean the nearby roads, anganawadis and public places near their homes.



Police Station Cleaning and setting up of Vegetable Garden

National Service Scheme volunteers of the college conducted a cleaning drive at Chanaganacherry Police Station on February 18, 2021. After the cleaning drive, the volunteers took an initiative to cultivate a vegetable garden in the police station premises, comprising of organically-grown vegetables and fruits.



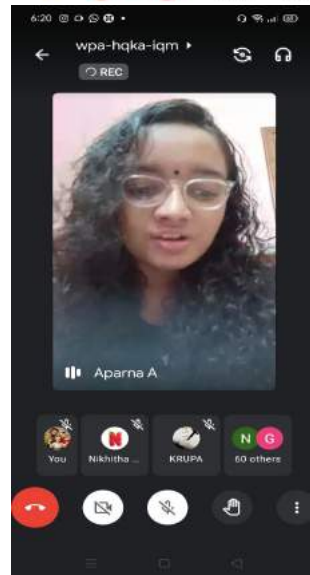
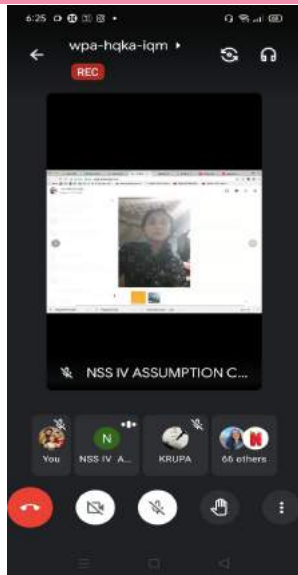
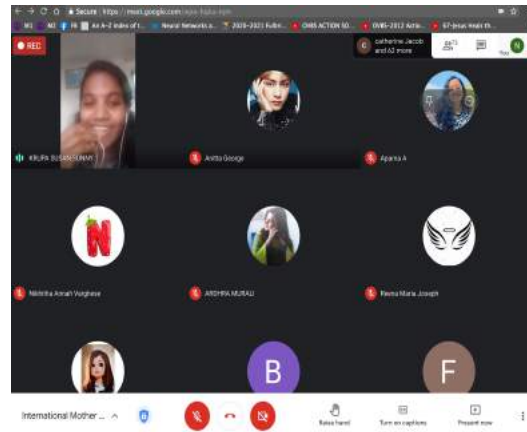
Food Packet Distribution

During the Covid 19 pandemic, the NSS volunteers distributed home-made lunch packets to the in-patients in the General Hospital, Changanacherry and in the Taluk Hospital, Thiruvalla on February 20, 2021.



International Mother Language Day – Feb 27, 2021

The NSS unit of Assumption College celebrated the international mother language day on Feb 27th 2021 at 5.30pm. The students of BSc Computer Science, Chemistry, English Literature and BACE organized the programme. This day is celebrated every year to promote linguistic and cultural diversity and multilingualism. This event recognizes that languages and multilingualism can advance inclusion, and the sustainable development Goals focus on leaving no one behind. The students presented talks and songs on “Amma Malayalam”. The program ended at 6.30pm.



International Women's Day – March 8, 2021

On the occasion of International Women's day, a webinar was conducted by the Field Outreach Bureau, Ministry of information and broadcasting , Government Of India, Kottayam. The webinar was inaugurated by Chief guest Dr. Sajimol Augustine M(Senior Administrator and former principal of St. Teresa's College, Ernakulam). In the inaugural speech, she talked about the importance of women in the society and about the strong role they play in the social circle. Then the guest speaker Dr. Raji Unnikrishnan (Repoter, Gulf Daily News, Kingdom Of Bahrain) talked about her experience as a journalist. She also talked about the situations and the experiences of women who to foreign countries seeking employment and how journalists play significant role in helping them in many ways. She also conducted a small interactive question and answer session. The vote of thanks was delivered by Revathy Krishnan (Volunteer Secretary).

GOVERNMENT OF INDIA
MINISTRY OF INFORMATION & BROADCASTING
FIELD OUTREACH BUREAU,
KOTTAYAM

WEBINAR ON

International Women's Day
National Service Scheme - Unit 4
MARCH 8TH, 2021 AT 6.30PM

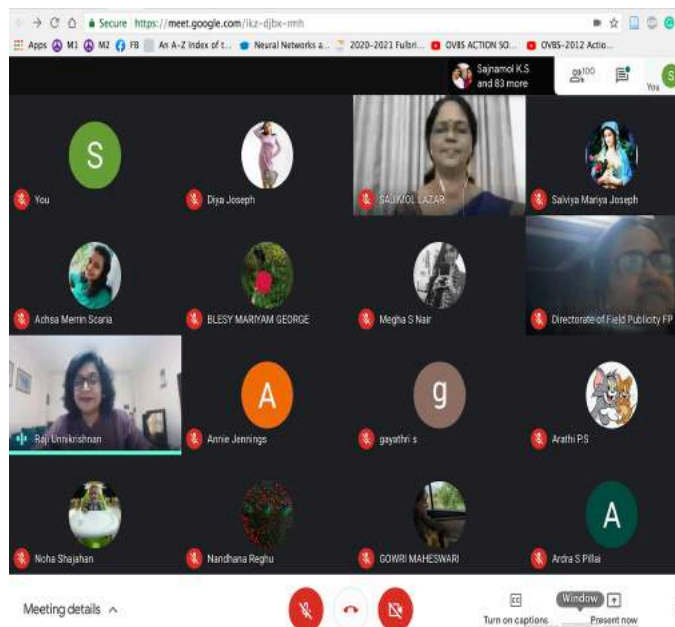
Chief Guest

Dr.Sajimol Augustine M
Sr.Administrator &
Former Principal
St.Teresa's College,
Ernakulam

coordination with
Assumption
College,
Chenganacherry

Guest Speaker

Smt.Raji Unnikrishnan
Sr.Reporter,
Gulf Daily News
Kingdom of Bahrain



Women's Day – Face Mask Distribution to Women Cancer Patients

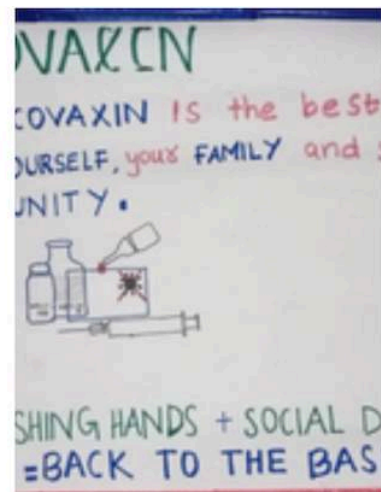
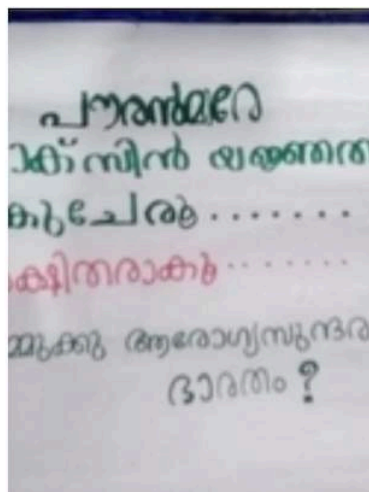
The National Service Scheme of Assumption College Autonomous, Changanacherry contributed to the Facemask Collection Campaign, conducted as a part of International Women's Day, by Sanjeevani - Life Beyond Cancer, a registered Public Trust, on Monday, March 8, 2021. The NSS unit contributed 419 facemasks and they were distributed to 100 underprivileged women cancer patients.

Covid - 19 Vaccine Drive: Tika Mahotsav : April 11- 14, 2021

The NSS volunteers of Assumption College NSS Unit 4 participated in the Covid - 19 Vaccine Drive: Tika Mahotsav with utmost social commitment and enthusiasm. The volunteers participated in the event on two days – 13/4/2021 and 14/4/2021.

The COVID vaccine can save lives & it is the need of the hour. All the activities are carried out in the nearby places where the volunteer resides. The volunteers addressed the emerging issue of vaccine hesitancy among some people and made aware them its need and safety. The volunteers created awareness posters and videos for the purpose and they are exhibited in public places. They visited the houses of people and give awareness talks. The volunteers assisted the needy and elderly people who were unaware of the registration process. Our volunteers took some of the elderly and differently abled persons to the nearby hospitals for vaccination.

On April 13 and 14, 2021, 59 NSS volunteers of Assumption College participated in the Covid vaccination drive activities of Idukki, Kottayam, Thrissur, Alappuzha, Pathanamthitta and Ernakulam district at various centers.





Assumption College NSS Volunteers at Vaccination Centers



Assumption College NSS Volunteers at Vaccination Centers



Letter of Appreciation from Sanjeevani, Life Beyond Cancer (NGO)



Date – 17.03.2021

To
The National Service Scheme
Assumption College Autonomous
Changanacherry

Subject: Letter of Appreciation

Dear Madam/Sir,

Greetings from Sanjeevani Life Beyond Cancer!

We are immensely grateful to the volunteers of National Service Scheme of Assumption College Autonomous, Changanacherry for their contributions to the Facemask Collection Campaign, conducted as a part of International Women's Day on 8th March 2021 in collaboration with Sanjeevani Life Beyond Cancer.

Sanjeevani...Life beyond cancer, a pioneer in 'Comprehensive Cancer Care' is an award winning registered non-profit organization working for prevention and early detection of cancer and providing care, counselling, and rehabilitation to persons fighting cancer with focus on navigating them from disease to wellness through various activities.

The NSS unit contributed 419 facemasks which were distributed among 100 underprivileged women fighting cancer.

We extend our heartfelt gratitude to the NSS Unit and would like to thank everyone who came forward in this time of great need to support and protect the community.

Your support will propel us to continue with the work with enhanced zeal and passion.

Thanking you once again.

Yours Sincerely,

A handwritten signature in blue ink, appearing to read "Priyasha", with a horizontal line underneath.

Priyasha Pyne
National Program Manager
Sanjeevani ... Life Beyond Cancer