# ASSUMPTION COLLEGE, CHANAGANCHERRY

NCC SUB UNIT UNDER 5(K) Girls Battalion Changanacherry

ACTIVITIES 2019-2020

### World Environment Day

Date	20 / 05 / 2019
Objective	To promote a Plastic free environment and awareness on "HARITHA KERALAM"
Organising Agency	NCC sub unit
Beneficiaries	56 cadets
Outcomes	The event helped cadets to know the problems caused by plastics to our environment and how to get rid of it.
<b>Short Description</b>	Cadets removed the plastic waste from the college premises



## International Yoga Day

Date	21/06/2019
Objective	To make the cadets aware about the importance of Practicing yoga and teach some important and Simple yoga.
Organising Agency	NCC
Beneficiaries	70 cadets
Outcomes	Cadets understood the importance of Practicing yoga in day today life and learned some important yoga positions and Surya Namaskar
<b>Short description</b>	On International Yoga day, the cadets practiced simple yoga asanas









### Anti Drugs Day

Date	26/05/2019
Objective	To create awareness among cadets and students about the harmful effects of drug abuse.
Organising Agency	NCC
Beneficiaries	45 cadets
Outcomes	Cadets understood what drug abuse can do and also got motivated never to use them and made them aware enough to help the one in need.



### Enrollment program

Date	08/07/2019
Objective	To select the appropriate first year students into NCC through various selection process.
Organising Agency	NCC
Beneficiaries	43 cadets
Outcomes	Found the right students after various selection process.



#### **Independence Day Celebrations**

Date	15/08/2019
Objective	To celebrate our 73 <sup>rd</sup> Independence day and remembering our freedom fighters.
Organising Agency	NCC
Beneficiaries	75 cadets
Outcomes	To know the sacrifices made by our freedom fighters and history of Indian Independence.





### World Environment Day

Date	20/08/2019
Objectives	To create awareness and the need to protect our environment
Organising Agency	NCC sub unit
Beneficiaries	Students of our college.35 participants
<b>Short Description</b>	An essay writing competition was conducted





### Swachh Bharat Campaign

Objective	To promote the importance of clean India
Organising Agency	NCC sub unit
Beneficiaries	108 cadets
Outcomes	The realization that a cleaner India starts from our own surroundings
<b>Short Description</b>	The cadets took the responsibility of cleaning the college premises as a step towards cleaner surroundings





#### Achievements

- 45 cadets completed **IGOT online certification** in Covid
  -19 training for NCC cadets
- EBSB Delhi-SUO Anjana R Pillai(II DC Chemistry)
- EBSB online
- 1. UO Megha Manoj(II BBA)
- 2. UO Diya Blessan
- Republic Day Camp-RDC
- 1. Megha Manoj
- 2. Anjana R Pillai
- 3. Asiya Beevi P
- 4. Sandra S Unnithan
- 5. Delona Sebastian
- 6. Neha A
- 7. Deera Jayakumar

