

# ASSUMPTION COLLEGE, CHANAGANCHERRY

NCC SUB UNIT UNDER 5(K) Girls Battalion Changanacherry  
ACTIVITIES 2018-2019

# Yoga Day Celebrations

<b>Date</b>	21/06/2018
<b>Objectives</b>	To bring about awareness on the health benefits of Yoga
<b>Organizing Agency</b>	NCC Sub Unit, Assumption College
<b>Beneficiary</b>	NCC cadets of the College
<b>Outcome</b>	The cadets attained knowledge about importance of Yoga in bringing a physical as well as mental well being of a human being
<b>Short Description</b>	The NCC sub unit observed international yoga day at the college indoor stadium on June 21, 2018 at 3.30 pm. The cadets practiced basic asanas.



# Independence Day Celebrations

<b>Date</b>	15/08/2018
<b>Objectives</b>	To celebrate the 61 <sup>st</sup> independence day of the nation
<b>Organizing Agency</b>	NCC Sub Unit, Assumption College
<b>Beneficiary</b>	NCC cadets of the College
<b>Outcome</b>	The cadets understood their integrity towards nation building
<b>Short Description</b>	The principal of the college Rev.Sr. Cherukusumam carried out the flag hoisting ceremony and gave message to the cadets. Cultural programs were conducted at the indoor court by NCC cadets





# Swachh Bharat Mission

<b>Date</b>	03/10/2018
<b>Objectives</b>	To commemorate the birth anniversary of the father of our nation, Mahatma Gandhi
<b>Organizing Agency</b>	NCC Sub Unit, Assumption College
<b>Beneficiary</b>	NCC cadets of the College
<b>Outcome</b>	The event instilled in the minds of the cadets the importance of cleanliness and the need of a clean India envisioned by Mahatma Gandhi
<b>Short Description</b>	NCC cadets actively participated in Swachh Bharat mission by conducting Swachh Bharat rally on 3 <sup>rd</sup> October 2018. Cadets showed their enthusiasm in cleaning the college campus in association with Gandhi Jayanthi celebrations



# Extension Activity-I

<b>Objectives</b>	To understand the role of youth in social service activities
<b>Organizing Agency</b>	NCC Sub Unit, Assumption College
<b>Beneficiary</b>	NCC cadets of the College, 8 cadets
<b>Outcome</b>	The cadets recognized the various welfare schemes associated with ex-service men community
<b>Short Description</b>	As part of extension activities, 8 of our cadets provided necessary help at ECHS facility on Saturdays.





# Extension Activity-II(Flood Relief Camp)

<b>Date</b>	August 20-28, 2018
<b>Objectives</b>	To understand the role of youth in community development activities
<b>Organizing Agency</b>	NCC Sub Unit, Assumption College
<b>Beneficiary</b>	NCC cadets of the College, 6 cadets
<b>Outcome</b>	The cadets identified the potential of a disciplined task force during the times of a disaster
<b>Short Description</b>	About 6 of our cadets actively participated in relief camps activities at SB college Changancherry. They provided all the necessary help during floods that affected the state during August 2018



# Achievements

- About 15 of our cadets were selected for cultural programs and drill for RD IBC camps organized by NCC
- Assumption College provided venue and infrastructure requirements for RD camp training conducted in September 2018
- Cadet Jis Thomas of II DC FCS participated in TSC.
- Cadet Jis Thomas won Gold medal for Map Reading held at IGC Calicut.
- Cadet Jis Thomas won Gold medal for tent pitching held at Delhi.